

FIRST FRIDAYS IN DOWNTOWN YORK



Happy Healthy Hearts

February 3, 5-9 p.m.
DowntownYorkPa.com



- Jazz in the City welcomes Ron Waters, Jim Wood, Mike Boone and Jeff Stabley at the Strand-Capitol's Studio. \$3 cover or free with student ID.
- Music from the students of Homegrown in York's Central Market courtesy of Bair's Fried Chicken.
- Free meter parking starting at 5 p.m. on First Fridays.



Coming March First Friday: Girls Night Out

← TURN FOR MERCHANT SPECIALS →

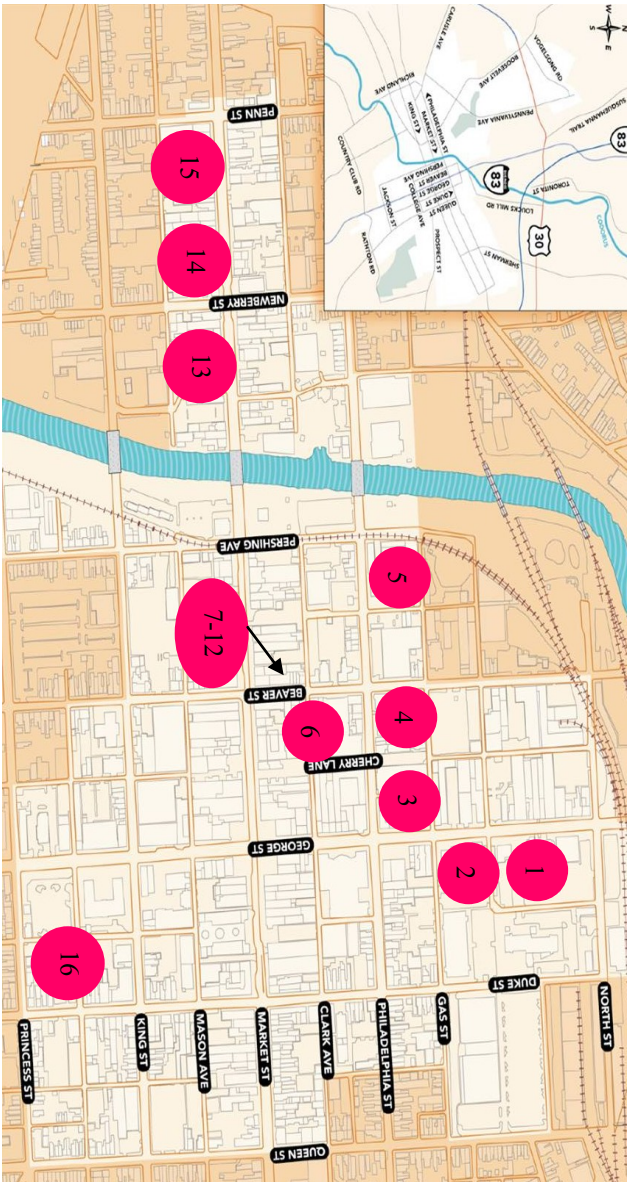


Downtown Inc
DowntownYorkPa.com

First Friday
flyers printed
courtesy of:



Merchant Specials, February 3, 5-9 p.m.



- 1 **Lotus Moon Yoga**
237 North George Street
Art of Triani Ennis. Transcending the Veil: A Photographic Marriage to Self. Plus, celebrate our birthday—chocolate fountain, live music, massage and amazing retail discounts.
- 2 **Elks Lodge**
233 North George Street
Elks Lodge invites you to join us for an Open House. Live music, light beverages, tour our historic building. The dining room is open First Fridays. For more information, call 717-848-2785, or Charlotte Bergdoll at 717-968-3625.
- 3 **Flair Fashions**
102 North George Street
30% off all regular priced items, free candy buffet to celebrate Valentine's Day, and sign up to win a \$250 shopping spree with any purchase.
- 4 **Cherie Anne**
48 West Philadelphia Street
Did you know freshly brewed tea is actually good for you? Depending on the variety, loose leaf tea offers numerous health benefits. Tonight, sample Cordially Yours, a black tea with a chocolate cherry taste. Want to heat things up a bit? Try French Kiss, Prelude to Bliss, or Hot Mama, just a few of our over 100 varieties of loose teas. Need a special gift? Show how much you care with a gift of hand-crafted, one-of-a-kind jewelry or knitwear. We'll be giving away a beautiful vintage-style necklace. Stop by to enter the drawing!
- 5 **Pippi's Pen Shoppe**
146 West Philadelphia Street
Research shows expressive writing reduces stress by freeing our emotions and thoughts of everyday situations...offering a sense of well-being. Give a York welcome to Philadelphia-area craftsman and custom pen artisan Alan Shaw, owner of Shaw Pens. Creator of fine writing instruments since 2006, Shaw will showcase his latest unique creations, offering Valentine's Day specials, talking about the creative process and care of fine instruments. Writing is great therapy as well as art! Come write away!
- 6 **Mudhook Brewing Co.**
34 North Cherry Lane
Stop in at Mudhook's for \$1 off all drafts from 4-6 p.m!
- 7 **The Watchmaker's Daughter**
22 North Beaver Street
Stop in and design your own "Love Tag" for that special someone. We will be giving free hand and shoulder massages and serving wine and sweets. Artwork by Pat Thomas will be on display.
- 8 **Camera Center of York**
23 North Beaver Street
Get 4x6 in-store kiosk prints made in minutes for just 19 cents each. Valid 4-8 p.m.
- 9 **Park Street Pantry**
24 North Beaver Street
Taste heart-healthy treats at Park Street Pantry. Stop by the Chocolate Bar to sample some antioxidant-rich dark chocolates. (And pick some up for that special someone for next week's heart holiday!) Also featuring our heart-healthy olive oils. First Friday Special: A two-pack of 125 ml garlic and basil olive oils for just \$15.
- 10 **Sunrise Soap Co.**
29 North Beaver Street
The average woman uses 12 personal care products a day, exposing herself to a total of 168 chemicals. Your skin is the largest organ of your body. How are YOU treating it? We're here for you with natural body care products.
- 11 **Bair's Fried Chicken**
47 North Beaver Street
Live music from the students of Homegrown.
- 12 **Kimmann's**
57 North Beaver Street
Join us for a Heart Healthy February. We will be performing health tests and offering healthy heart appetizing.
- 13 **Grace Manor Bed & Breakfast**
258 West Market Street
Stop by *Art and Inspiration*, the newest art gallery and eclectic woman's co-op for home furnishings, jewelry and more. We've got an array of unique Valentine's gifts for that special someone. Enjoy a heart healthy glass of red wine and dark chocolate covered strawberries. Purchase an overnight stay at Grace Manor Bed and Breakfast for an instant stress reducer. 10% discount on B&B stays for the month of February. Discount excludes February 10-14.
- 14 **York Time Institute**
312 West Market Street
Keep time with your Healthy Heart. We offer batteries to fit most watches to keep ticking along with your healthy lifestyle.
- 15 **Panache Plus**
405 West Market Street
Redheads have more fun! Walk across the Codorus and save \$10 off a future color service booked on February First Friday.
- 16 **Granfalloons Tavern**
41 East Princess Street
First Friday happy hour, 5-7 p.m. \$1.50 Miller Lite & Lager drafts, \$1.50 rail & \$2.50 call drinks, \$2.50 imports & micro drafts, \$3 house wine. All night chef specials & \$3 Blue Moon drafts.